

Karen Gresham Nickell

Clinical Hypnotherapy and Energy Readings



About Karen Gresham Nickell, BA CHT

SHORT BIO

In the late 1970s and early 1980s, Karen worked as a researcher for author David St. Clair. Their work together took them throughout the world, including Brasil, the U.K., the U.S. and Mexico where they presented workshops and private consultations. It was in Rio that Karen undertook a project for intensive personal spiritual discovery focused on indigenous Brazilian practices along with the exploration of paranormal phenomena. During the mid-1980s, Karen operated her private practice in the Parioli residential section of Rome, Italy. Over the past 35 years, Karen has worked as a transformational teacher, helping everybody from national and international celebrities to ordinary people, including students and children, throughout the world. Her clients have included Federico Fellini, Franco Brusati, and Antonio Carlos “Tom” Jobim (Brazilian Composer, “The Girl from Ipanema”). She has appeared on international TV and radio around the world. Karen offers Energy Readings and Clinical Hypnotherapy to individuals, entrepreneurs and cultural creatives as well as Mediumship Readings for those who have lost loved ones.

LONG BIO

Karen Gresham, BA, CHT, entered this lifetime with the gift of insight. She is a Certified Clinical Hypnotherapist, an Intuitive Medium, and a Licensed Educator in the state of Texas. Her specialty is helping individuals remove hidden blocks that are preventing them from achieving their goals. Karen offers Energy Readings and Clinical Hypnotherapy to individuals, entrepreneurs and cultural creatives as well as Mediumship Readings for those who have lost loved ones.

Education and Background

A graduate of Texas Wesleyan University, Karen has a Bachelor of Arts degree in Fine Arts along with a secondary degree in English as well as teaching credentials in both subjects. She is also trained and certified as a Clinical Hypnotherapist with Gil Boyne’s American Council of Hypnotist Examiners in Los Angeles, California.

In the late 1970s and early 1980s Karen worked as a researcher for author David St. Clair. Their work together took them throughout the world, including Brasil, the U.K., the U.S. and Mexico where they presented workshops and private consultations teaching how to incorporate the *Cosmic Forces* into one’s life for healing and positive change. It was in Rio that Karen undertook a project for intensive personal spiritual discovery focused on indigenous Brazilian practices along with the exploration of paranormal phenomena.

Clinical Hypnotherapy & Energy Readings

During the mid-1980s, Karen worked as a Clinical Hypnotherapist operating her private practice in the Parioli residential section of Rome, Italy. In this role, she conducted Energy Readings along with assessments leading to treatment via Clinical Hypnosis. Her practice focused on programming the subconscious mind around issues related to family of origin and creative development along with work that accessed altered states of consciousness.

In the early 1990s, Karen continued her work in Dallas, Texas with Antonio Elio Borme, M.D. in a medical practice offering Clinical Hypnotherapy. Today, she continues to offer assessments and treatments through her private practice.

Work with Experiencers

Using Clinical Hypnotherapy, Karen interviewed hundreds of coal miners who were witnesses to extraordinary events in the 1987 Wytheville Virginia UFO Sightings described in the book Don't Look Up. A contactee herself, she believes that love is the key to humanity's galactic mission for contact with extraterrestrials and other spirit guides who can help us attain our highest purpose and fulfill our galactic mission as stewards of the Earth and citizens of the cosmic community.

Karen has worked, over the past 35 years, helping everybody from national and international celebrities to ordinary people, including students and children, throughout the world. Her clients have included Federico Fellini, Franco Brusati, and Antonio Carlos "Tom" Jobim (Brazilian Composer, "The Girl from Ipanema").

Professional Associations

- American Association of Psychics
- American Council of Hypnotist Examiners

Photos of Karen Gresham Nickell



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Official Website

www.KarenGresham.com

Email: karen@karengresham.com

Social Media

Facebook: www.facebook.com/AltiusOpus

Twitter: www.twitter.com/GreshamKaren

LinkedIn: www.linkedin.com/pub/karen-gresham-nickell/9/371/112

Instagram: www.instagram.com/karengreshamnickell

YouTube: <http://bit.ly/1cuqd3Z>

Guided Meditation Audio Tracks

Listen to sample tracks from Ms. Gresham Nickell's guided meditation CDs:

<http://bit.ly/1IwPGYh>

Press Contact

Carolyn Oakley, carolyn@luminousmoon.com, 720-364-8359